

The Ballet Workshop



Summer 2026

2551 Cole St, Suite T. Enumclaw, WA 98022
theballetworkshopinc@gmail.com
www.theballetworkshop.com

Enrollment

REGISTER AT:

<https://app.jackrabbitclass.com/jr3.0/ParentPortal/Login?orgID=538939>

- * Classes are filled on a first come, first serve basis. We reserve the right to change the schedule due to full enrollment or lack of enrollment.
- * Must enroll by the first class of the 5- week session.
- * Must enroll for PBRT Bootcamp by July 24th.

Tuition

- * There is a \$20 non-refundable registration fee per student, \$35 per family, for enrollment in any summer program, due at the time of registration.
- * There is a one-time tuition charge for participation in the 5-week session due before the first class. You may run this payment yourself through the jackrabbit portal or pay by cash or check. The payment will be run through the system automatically on the first day of class if tuition remains due.

No refunds or adjustments will be made for missed lessons.

5-Week Session Tuition Rates	
Class Length	Tuition
0.5	90
0.75	100
1	110
1.5	130
2	160

5-Week Session Discount Rates	
# of classes per family	Tuition
2	10%
3	20%
4	30%
5	35%
6	40%
7	45%
8+	50%

Other Fees	
Summer Registration Fee	\$20/student \$35/family
Private Lesson	\$90/hr
PBRT	
PBRT Boot Camp	\$550
PBRT Audition Fees	
Company - Level I	\$60
Company - Level II	\$75
Nutcracker	\$35

Dress Code

The dress code at The Ballet Workshop is less strict in the Summer due to blended placements and transitioning levels!

Ballet

Hair pulled into a secure clean ballet bun.

Option 1/Girls – Any color leotard, tights (or no tights), any color ballet technique shoes. Spandex shorts and ballet skirts are okay.

Option 2/Boys – Solid color t-shirt or leotard, Solid color tights, Any color ballet technique shoes.

Adults – Recommended to wear tights and a leotard (skirts, sweaters, etc. Allowed), but may wear whatever you are comfortable taking class in.

Jazz, Contemporary, Tumbling

Any fitted dancewear. Dance shorts, leggings, or jazz pants with a fitted camisole shirt or leotard is preferred.

Hair securely pulled back and away from face.

Barefoot, Socks, Jazz shoes, contemporary shoes, or technique shoes for summer classes are okay.

Tap

Any clothing the dancer can move in. Tap shoes required.

5-Week Summer Session July 6th – August 6th

Ages 1-3

Mommy and Me Wednesday 9:00 – 9:30 am

Ages 3-5

Creative Ballet/Tap Wednesday 9:30 – 10:30 am

Creative Ballet Thursday 9:00 – 9:30 am

Ages 5-7

Pre Ballet Wednesday 10:30 – 11:15 am

Pre Ballet Thursday 9:30 – 10:15 pm

Pre Contemporary Tuesday 9:30 – 10:15 am

Pre Jazz Tuesday 10:15 – 11:00 am

Tiny Tappers Wednesday 11:15 – 12:00 pm

Ages 7-11

Ballet I Wednesday 12:00 – 1:00 pm

Ballet II Monday 1:30 – 3:00 pm

Contemporary I Wednesday 1:00 – 2:00 pm

Contemporary II Wednesday 12:00 – 1:00 pm

Jazz I Thursday 10:30 – 11:30 am

Jazz II Monday 10:30 – 11:30 am

Tap I/II Wednesday 1:00 – 2:00 pm

Tumbling, Turns, Tricks Level I Tuesday 11:00 – 12:00 pm

Ages 12+ (Only by Class Placement)

Ballet III Thursday 12:30 – 2:00 pm

Ballet IV/Pre Pointe Monday 10:30 – 12:00 pm

Pre Pointe/Beginner Pointe Monday 12:00 – 1:00 pm

Ballet V/VI Tuesday 9:00 – 10:30 am

Variations Tuesday 11:30 – 12:30 am

Ballet VII/Pointe Thursday 10:30 – 12:30 pm

Open Ballet Teen and Adult Wednesday 6:00 – 7:30 pm

Contemporary III Thursday 11:30 – 12:30 pm

Contemporary IV/V Tuesday 12:30 – 2:00 pm

Jazz III/IV Monday 9:00 – 10:30 am

Jazz V/VI Thursday 9:00 – 10:30 am

Int/Adv Tap Wednesday 7:30 – 8:30 pm

Tumbling, Turns, Tricks Level II Monday 11:30 – 1:00 pm

Tumbling, Turns, Tricks Level III Monday 1:30 – 3:00 pm

Choreography Routine Thursday 1:00 – 2:30 pm

Adult Classes

Beginner Adult Ballet Tuesday 10:30 – 11:30 am

Int Adult Ballet Wednesday 10:30 – 12:00 am

Int Adult Ballet Tuesday 6:00 – 7:30 pm

Int/Adv Adult Ballet Monday 6:00 – 7:30 pm

Adult Pointe Monday 7:30 – 8:30 pm

Open Ballet Teen and Adult Wednesday 6:00 – 7:30 pm

Adult Contemporary Monday 7:30 – 8:30 pm

Int/Adv Tap Wednesday 7:30 – 8:30 pm

Summer 2026

5 Week Session July 6th - August 7th

	Monday		Tuesday		Wednesday		Thursday			
	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B		
9:00	9:00 - 10:30 Jazz III/IV Miss Aubrie	9:30 - 10:30 Private Lesson Avail. Miss Melissa	9:00 - 10:30 Ballet V/VI Miss Melissa		9:30 - 10:30 Private Lesson Avail. Miss Aubrie		9:00 - 10:30 Jazz V/VI Miss Aubrie			
9:15										
9:30										
9:45										
10:00										
10:15										
10:30	10:30 - 12:00 Ballet IV/Pre Pointe Miss Melissa	10:30-11:30 Jazz II Miss Aubrie	10:30 - 11:30 Beginner Adult Ballet Miss Melissa		10:30 - 12:00 Int. Adult Ballet Miss Melissa		10:30 - 12:30 Ballet VII/Pointe Miss Melissa			
10:45										
11:00										
11:15										
11:30										
11:45										
12:00	12:00 - 1:00 Pre Pointe/Beg Pointe Miss Melissa	11:30 - 1:00 Tumbling, Turns, & Tricks Level II Miss Jess & Miss Aubrie	11:30 - 12:30 Variations Miss Melissa		11:00 - 12:00 Tumbling, Turns, & Tricks Level I Miss Charlotte		11:15 - 12:00 Tiny Tappers Miss Aubrie			
12:15										
12:30										
12:45										
1:00										
1:15										
1:30	1:30 - 3:00 Tumbling, Turns, & Tricks Level III Miss Jess & Miss Aubrie	1:30 - 3:00 Ballet II Miss Melissa	12:30 - 2:00 Contemporary IV/V Miss Melissa		1:00 - 2:00 Contemporary I Miss Aubrie		12:00 - 1:00 Contemporary II Miss Aubrie			
1:45										
2:00										
2:15										
2:30										
2:45										
3:00										
4:00										
4:15										
4:30										
4:45										
5:00	5:00 - 6:00 Private Lesson Avail. Miss Melissa		5:00 - 6:00 Private Lesson Avail. Miss Melissa		5:00 - 6:00 Conditioning for Dancers ages 12+ Miss Melissa		1:00 - 2:30 Choreography Routine (Jazz/Contemp) Miss Aubrie			
5:15										
5:30										
5:45										
6:00	6:00 - 7:30 Adult Ballet (Int/Adv) Miss Melissa		6:00 - 7:30 Adult Ballet (Int) Miss Melissa		6:00 - 7:30 Open Ballet Teen and Adult Miss Melissa		12:30 - 2:00 Ballet III Miss Melissa			
6:15										
6:30										
6:45										
7:00	7:30 - 8:30 Adult Pointe Miss Melissa		7:30 - 8:30 Adult Contemporary Miss Melissa		7:30 - 8:30 Int/Adv Tap Miss Melissa					
7:15										
7:30										
7:45										
8:00										
8:15										
8:30										

Ballet
Contemporary
Jazz
Tap
Tumbling, Turns, and Tricks
Other

Children's Program

Ages 1-3

Structured for young ones who are ready for a half an hour of movement and play in a structured format. Designed to develop movement and music, gross motor skills, balance and coordination, listening and teamwork skills. An adult companion **MUST** participate.



Mommy and Me **Wednesday** **9:00 – 9:30 am**

Ages 3-5

This class will offer ballet-based movement. It is designed to develop body awareness using basic dance exercises and ballet movement. Using tap dance, props, and musical instruments will aid in learning rhythm and music appreciation. We dance, skip, and turn to a variety of music. Must be 3 years old and potty trained before first class.



Creative Ballet/Tap **Wednesday** **9:30 – 10:30 am**

Creative Ballet **Thursday** **9:00 – 9:30 am**

Ages 5-7

These are preparatory classes for our programs. We highly recommend the young dancer builds their foundation of dance in ballet where we develop motor skills, coordination, and the groundwork for all styles of dance.

Pre Ballet **Wednesday** **10:30 – 11:15 am**

Pre Ballet **Thursday** **9:30 – 10:15 pm**

Green Contemporary **Tuesday** **9:30 – 10:15 am**

Pre Jazz **Tuesday** **10:15 – 11:00 am**

Tiny Tappers **Wednesday** **11:15 – 12:00 pm**

Ages 7-12

Ballet I **Wednesday** **12:00 – 1:00 pm**

Ballet II **Monday** **1:30 – 3:00 pm**

Contemporary I **Wednesday** **1:00 – 2:00 pm**

Contemporary II **Wednesday** **12:00 – 1:00 pm**

Jazz I **Thursday** **10:30 – 11:30 am**

Jazz II **Monday** **10:30 – 11:30 am**

Tap I/II **Wednesday** **1:00 – 2:00 pm**

Tumbling, Turns, Tricks Level I **Tuesday** **11:00 – 12:00 pm**



Preteen and Teen Programs

Our Youth and Teen Programs are progressive and rigorous. There is a set syllabus that is worked through over the entire year. Certain skills are to be learned at each level. Placement is done by audition only. If you are a new student and need placement, please email us.



Ballet Program (levels III – VII)

Our teaching methods are based on sound classical technique. We highly encourage, and sometimes require, dancers ages 9 and up to be enrolled in a ballet technique class even if their greatest interest is in another style. The ballet technique will help to refine coordination, strength, control, terminology, and consistent progression.

Ballet III **Thursday** **12:30 – 2:00 pm**

Ballet IV/Pre Pointe **Monday** **10:30 – 12:00 pm**

Pre Pointe/Beginner Pointe **Monday** **12:00 – 1:00 pm**

Ballet V/VI **Tuesday** **9:00 – 10:30 am**

Variations **Tuesday** **11:30 – 12:30 am**

Ballet VII/Pointe **Thursday** **10:30 – 12:30 pm**

Open Ballet Teen and Adult **Wednesday** **6:00 - 7:30 pm**

Contemporary (levels III – V)

Uses both ballet technique and modern dance to explore movement ranging from lyrical to fast and rhythmic. Focus on coordination, contrast, body and music awareness and expanding vocabulary. Must be enrolled in a ballet class to be in Contemporary 1-5.

Contemporary III **Thursday** **11:30 – 12:30 pm**

Contemporary IV/V **Tuesday** **12:30 – 2:00 pm**

Jazz Program (levels III – V)

Explores various styles of jazz; classic, contemporary, commercial, hip hop, and Broadway. Must be in a ballet class to be in an upper-level jazz class.

Jazz III/IV **Monday** **9:00 – 10:30 am**

Jazz V/VI **Thursday** **9:00 – 10:30 am**

Tap Program (level IV)

Taught using theater, classical, and rhythm tap styles. Musicality is a major focus introducing a variety of meters as well as syncopation. Emphasis is placed on articulation of feet to master sound clarity and technique using tap terminology.

Int/Adv Tap **Wednesday** **7:30 – 8:30 pm**

Tumbling Program (levels I – II)

The tumbling program is intended to explore tumbling from a dancer's perspective. Tumbling I for Jazz II. Tumbling II for Jazz III-V. These are non-performing classes.

Tumbling, Turns, Tricks Level II **Monday** **11:30 – 1:00 pm**

Tumbling, Turns, Tricks Level III **Monday** **1:30 - 3:00 pm**

Other

Choreography class will include learning a new combo in the jazz or contemporary style each week.

Choreography Routine **Thursday** **1:00 - 2:30 pm**

ADULT PROGRAM

Beginner Adult Ballet

The basics of ballet technique are taught in this class - even intermediate and advanced level dancers can benefit from the fundamental work done at this level.



There are many concepts to cover when beginning the art of ballet, it is very important to understand how to properly and safely execute each move. Each week new moves will be introduced to your brain and body. Just like the intermediate level adult class, emphasis is placed on expanding body awareness through correct alignment for improved posture, strength, and flexibility.

Beginner Adult Ballet **Tuesday** **10:30 – 11:30 am**

Intermediate Adult Ballet

The basics of ballet technique are taught in this class - even intermediate and advanced level dancers can benefit from the fundamental work done at this level. There are many concepts to cover when beginning the art of ballet, it is very important to understand how to properly and safely execute each move. Each week new moves will be introduced to your brain and body. Just like the intermediate level adult class, emphasis is placed on expanding body awareness through correct alignment for improved posture, strength, and flexibility.

Int Adult Ballet **Wednesday** **10:30 – 12:00 am**

Int Adult Ballet **Tuesday** **6:00 - 7:30 pm**

Intermediate/Advance Adult Ballet (includes pointe)

You will be pushed to refine your technique, gain deeper insight on how to continue pushing your body safely within its limitations, and become the ballet dancer you have always dreamed of being. Emphasis is placed on expanding body awareness through correct alignment for improved posture, strength, and flexibility. While continuing to gain technical strength, muscular strength, and endurance.

Int/Adv Adult Ballet **Monday** **6:00 – 7:30 pm**

Adult Pointe **Monday** **7:30 - 8:30 pm**

Open Ballet Teen and Adult **Wednesday** **6:00 - 7:30 pm**

Adult Contemporary

Designed for the trained dancer who has reached a more advanced level and is hoping to further their technique and expression with movement and choreography into their adult years. Focus is on maintaining flexibility, strength and dance vocabulary.

Adult Contemporary **Monday** **7:30 – 8:30 pm**

Intermediate/Advanced Adult Tap

Taught using theater, classical, and rhythm tap styles. Musicality is a major focus introducing a variety of meters as well as syncopation. Emphasis is placed on articulation of feet to master sound clarity and technique using tap terminology.

Int/Adv Tap **Wednesday** **7:30 – 8:30 pm**

5 – Day PBRT Summer Bootcamp

August 10th – August 14th

PBRT Bootcamp is intended for dancers that are interested in auditioning for our PBRT (Plateau Ballet Repertory Theatre) ballet company. Dancers will take a deeper dive to better understand their level of commitment and passion to Classical Ballet and a deeper exploration of various other forms of dance.

Daily (Monday-Friday) 9:00 am – 3:00 pm

Ages 10-18 (Ballet III and Up) with a minimum 3 serious years of Classical Ballet Training

\$550 for intensive

\$40 for photoshoot

***Registration and Payment due July 24th**

Intensive Focus:

- * Strong emphasis on strengthening and refining basic ballet technique to prepare for optimal audition performance.
- * Movement Exploration in the styles of Jazz, Contemporary, modern, pom, and Lyrical Ballet.
- * Choreographic Process
- * Dance photography; preparation, posing, and the opportunity to get dance photographs taken.

SCHEDULING DETAILS WILL BE DISTRIBUTED AFTER REGISTRATION CLOSES JULY 24th



Upcoming TBW and PBRT Schedule

Nutcracker Auditions: Thursday, August 13th

5:00 – 5:30 pm	Ages 5-8
5:30 – 6:00 pm	Ages 9-12
6:00 – 6:30 pm	Ages 13-18 and
6:30 - 7:00 pm	Adults Auditioning for roles other than Party Scene, Battle Scene, and Mother Ginger
7:00 – 7:30	Auditions for “Traditional” Adult Roles

***Registration and Payment due August 1st**

Email plateauballet@gmail.com if you would like more information about being in the cast of PBRT's “The Nutcracker”.

*Those auditioning for PBRT Companies do not need to audition for “The Nutcracker” – Even if you do not get offered a position with the company you will be considered for participation in PBRT's “The Nutcracker” 2026



PBRT Company Auditions: Saturday, August 15th

9:00 – 11:30 am	Level II (Minimum 1 yr of pointe training)
12:00 – 2:00 pm	Level I

***Registration and Payment due August 1st**

Email plateauballet@gmail.com if you would like more information about being a PBRT Company member.



2026-2027 Season:

Begins Tuesday, September 8th

We run a ten-month session starting in September and ending in June.

Email theballetworkshopinc@gmail.com if you need class placements for the 2026-27 Season.

