

The **Ballet Workshop** **2025 – 2026 Season** *Inc.*



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Like us on Facebook: The Ballet Workshop, Enumclaw

PBRT - Plateau Ballet Repertory Theatre

Follow us on Instagram: @theballetworkshop and @pbirt_plateauballet



Important Dates 2025-2026 Season

Black – The Ballet Workshop

Purple – PBRT (Resident Youth Ballet Company)

Red – No dance

2025

September 8th

October 28th-November 1st

November 1st

November 17th - 21st

November 26 - 28th

December 12th

TBD (December 19th - 21st)

TBD (December 21st)

December 15th-January 2nd

Classes Begin

Halloween Costume Week!

Tickets on sale PBRT "The Nutcracker" & "Sugar Tea"

Watch Week

No Classes/rehearsals -Thanksgiving Break

Classes End for the Semester

PBRT's "The Nutcracker"

12pm Sugar Plum Fairy Tea

No Classes – Winter Break

2026

January 5th

March 1st

March 23th- 27st

TBD (April 4th & 5th)

April 13 - April 17th

May 1st

May 22nd - 25th

June 13th

[*Below end of year performance still being confirmed with EHS]

June 19th

June 19th

June 20th

June 22nd

June 24th & 25th

June 26th

June 27th

June 28th

Classes Start Back Up

Tickets on sale for PBRT's Mixed Rep Production

Watch Week

PBRT's Mixed Repertory Production

No Classes or Rehearsals -Spring Break

Tickets on sale for End of Year Production

No Classes or Rehearsals -Memorial Day weekend

Full Studio Rehearsal at the studio

Last Day of In-Studio Classes

Creative/Pre/Tiny Dress Rehearsal at EHS

Creative/Pre/Tiny Performance at EHS

Full Studio Tech Rehearsal at EHS

Full Studio Dress Rehearsals at EHS

6pm Performance EHS Auditorium

1pm and 6pm Performances at EHS

2pm Performance EHS

Welcome to The Ballet Workshop, we are excited to have you at our school for the 2025-2026 Season!

We run our school with a professional mentality and focus. We pride ourselves in our high standards of teaching for every class in every level we offer, allowing each student the opportunity to learn and grow at their own pace while developing poise, grace, confidence, and self-esteem. We work to provide training and opportunity for both the professional and nonprofessional students. We make our best effort to ensure that all students have a productive and enjoyable year.

Studio Information and Policies

These policies are enforced to maintain a safe and productive learning environment. We ask that all students and their families treat our faculty, facility, and each other with respect. The faculty here at The Ballet Workshop reserves the right to dismiss any student or guest who does not display appropriate behavior or does not adhere to our policies.

Attendance

Students are expected to arrive at the studio dressed and ready to enter class ON TIME. Students coming into class late disrupt student concentration. If you arrive late please sit on the bench until your instructor invites you to join class. Any student arriving more than ten (10) minutes late will not be allowed to take class and may be asked to sit, observe and take notes. If you are going to be late please contact your instructor via the JackRabbit portal to let them know.

Weekly attendance is expected. Every week new movements and concepts may be introduced. Students will fall behind and feel frustrated if they miss class. Their technique will not progress the way it would with consistent attendance. Students whose attendance is not consistent will have difficulty maintaining the standards required in our classes. **IF MORE THAN TWO CLASSES ARE MISSED IN ONE SEMESTER WE WILL CONSIDER DISMISSING THEM AND INVITING A STUDENT ON THE WAITLIST IN.**

If your student is experiencing cold symptoms or running a fever, we ask that you please stay home. Students can make up for missed lessons when they are feeling better.

PLEASE NOTIFY US OF YOUR ABSENCE THROUGH YOUR JACKRABBIT ACCOUNT. If you must miss a class please inform us of your absence through the JackRabbit portal so your instructor will be notified immediately and can plan accordingly.

Class Duration

Please note that the actual running class time is 5 minutes shorter than what is on the schedule. A one-hour class actually runs for 55 minutes, and a 45 minute class for 40, and so forth. Occasionally classes run late – we apologize for this, there is a lot of material to cover.

If you have questions for the instructor(s) please contact them via jackrabbit. Please do not ask instructors questions during the five minutes between classes.

Prepared for class - Water (and anything you need for class)

We expect students to be fully prepared for class. We ask them to bring everything they may need for class into the studio with them.

Please bring a personal water bottle to class. Hydration is highly important for our dancers. NO DRINKS OTHER THAN WATER allowed in the studio.

Please use the restroom BEFORE class.

Anything else you may need; socks for contemporary, extra pointe shoes or pointe shoe fillings, notebook, etc. Please think ahead and be prepared.

Dancers, please put all your belongings against the wall in a dressing room or in a cubby in the entryway while you are in dance class.

Cell Phones/Smart Watches

All cell phones and smart watches should be silenced while you are at The Ballet workshop. Even in the waiting room space phone calls and texts are an added distraction for the dancers in the studio. No cell phones should be brought into the studio space for class or rehearsals unless your instructor has approved a video recording. We ask that our students do not wear their apple watches or comparable watches during class.

Gum, Food, and Drink

No gum, food, or drinks other than water are allowed on the dance studio floors. Food must be consumed in the waiting room or dressing room spaces.

Lost and Found

The Ballet Workshop is not responsible for items left. Articles left will be placed in the lost and found box located under the bench in the main studio and periodically disposed of.

Dance Clothes Recycle Bin

We have a recycle bin where dancers have donated lightly used or new dancewear/shoes for others to find a use for. Feel free to rummage through and take anything that may be of use to you.

Watch Week and Waiting room

There will be no observation of class until watch week. (November 17th – 21st)

****Please visit our website for Class Observation Etiquette****

In our current space we do not have a waiting room. We promise your children are safe and watched after at the studio.

Before and after class you may step into the entryway to wait for your dancer to be done. Appropriate behavior and language are required at all times in the studio. Additionally, please refrain from talking in the entrance way unless it is a low whisper to communicate with your dancer as you are picking up or dropping them off. During these times, other classes are running and it becomes very distracting to the dancers as voices carry very easily and echo in the studio.

Ballet Workshop Communications Via Email

Please read your emails. Every single email may not pertain to your child or their specific class, however, it is very important that all parents and students carefully read these emails. We receive many emails, phone calls, and in person questions regarding information that has already been distributed.

Studio App

Teachers and students can use the BAND app to share and view class related information and choreography videos, particularly as it grows closer to performance season. Once you download the BAND app (the icon has a green background with a white letter B), you will need an invitation to your child's specific BAND group. These links will admit you to your groups:

Creative, Pre and Tiny:

<https://band.us/n/a6a373WaJfZ5K>

Levels 1-3:

<https://band.us/n/a3a3b1k1S10bR>

Levels 4 and Up:

<https://band.us/n/aba3bak1S204y>

Adult Classes:

<https://band.us/n/a4a5bek5SbA0H>

Our Programs

Ages 2-3

Structured for young ones who are ready for a half an hour of movement and play in a structured format. Designed to develop movement and music, gross motor skills, balance and coordination, listening and teamwork skills. An adult companion **MUST** participate. This class is non-performing. **WILL NOT be performing in the end of year production.**

Mommy and Me

Tuesday

9:00 – 9:30 am

Ages 3-5

This class will offer ballet-based movement. It is designed to develop body awareness using basic dance exercises and ballet movement. Using props, and musical instruments will aid in learning rhythm and music appreciation. We dance, skip, and turn to a variety of music. Must be 3 years old and potty trained before first class.

Creative Ballet

Monday

4:00 – 4:30 pm

Creative Ballet

Tuesday

9:30 – 10:00 am

The Creative Ballet/Tap Class on Mondays 4:45-5:15 is an option for students that are ready for a full hour activity. Adding tap for your dancer has several benefits; helps the young dancer learn rhythm and counting more rapidly, excitement in learning another style of dance, and exploring foot strength and coordination. This class WILL NOT perform tap dance at the end of the year. *TAP SHOES ARE REQUIRED.

Creative Ballet / Tap

Monday

4:30 – 5:30 pm

Ages 5-7

These are preparatory classes for our Ballet, Jazz, and Tap programs. We highly recommend the young dancer builds their foundation of dance in ballet where we develop motor skills, coordination, and the groundwork for all styles of dance.

Pre Ballet

Tuesday

4:15 – 5:00 pm

Pre Ballet

Tuesday

6:00 – 6:45 pm

Pre Jazz immediately follows Pre Ballet on Mondays. Classic jazz training helps to broaden the young dancer's body awareness, coordination, and control. This class is great for the dancer who is drawn to jazz, contemporary, and hip hop styles of dance. It is also a great option for the young dancer that is ready to be in class longer than 45 minutes. ***JAZZ SHOES ARE REQUIRED.**

Pre Jazz

Tuesday

5:00 – 5:45 pm

Tiny Tappers immediately follows Pre Ballet on Tuesdays. This intro class will teach the young tapper the foundation of tap technique. Tap dance is an exciting style and greatly helps to build the young dancer's coordination and musicality.*TAP SHOES ARE REQUIRED.

Tiny Tappers

Tuesday

6:45 – 7:30 pm

Pre Contemporary is designed for the pre ballet dancer who wants to explore more qualities of movement. Contemporary dance will help to broaden the young dancer's body awareness, coordination, and control. This class is great for the dancer who is drawn to performance and

emotion with their dancing. It is also a great option for the young dancer that is ready to be in more than one class per week. *CONTEMPORARY SHOES ARE REQUIRED.

Pre Contemporary

Thursday 6:00 – 6:45 pm

Ages 7-12

Our level I and II classes begin the progressive and rigorous training that we use at The Ballet Workshop. There is a set syllabus that is worked through in the entire year. Even an older dancer may need to start in our level I classes to learn the terminology, build the foundational muscle strength and control, and develop the technique and coordination to dive into our extensive programs. Ballet training creates a strong foundation for all forms of dance (and beyond!) We highly recommend that even if your child is desiring to explore jazz, contemporary, or tap that they additionally enroll in a ballet class. **Being enrolled in a ballet class is REQUIRED in order to participate in our Jazz, Contemporary, and Tumbling Programs.**

Ballet I

Thursday 6:45 – 7:45 pm

Ballet II

Thursday 4:00 – 5:00 pm

Contemporary I

Wednesday 7:00 – 8:00 pm

Jazz I

Monday 5:30 – 6:30 pm

Tap I/II

Thursday 5:00 – 6:00 pm

Intro to Tumbling & Tricks for Dancers

Wednesday 6:00 - 7:00 pm

YOUTH AND TEEN PROGRAMS

Our Youth and Teen Programs are progressive and rigorous. There is a set syllabus that is worked through over the entire year. Certain skills are to be learned at each level.

Placement is done by audition only. **You MUST be in a ballet class to participate in the Jazz, Contemporary, or Tumbling Programs.** If you are a new student and need placement, please email us. theballetworkshopinc@gmail.com. Please see our class calendar for days and times.

Ballet Program (levels III – VIII)

Our teaching methods are based on sound classical technique. The ballet technique will help to refine coordination, strength, posture, control, terminology, and consistent technical progression.

Contemporary/Lyrical Program (levels II – IV/V)

Uses both ballet technique and modern dance to explore movement ranging from lyrical to fast and rhythmic. Focus on coordination, contrast, body and music awareness and expanding vocabulary.

*Must be in Ballet III or higher to enroll in the below contemporary classes.

*Must be enrolled in a ballet class to be in Contemporary II-V.

Jazz Program (levels II – VI)

Explores various styles of jazz; classic, contemporary, commercial, hip hop, and Broadway. Must be in a ballet class to be in an upper-level jazz class.

*Must be in Ballet III or higher to enroll in the below jazz classes.

*Must be enrolled in a ballet class to be in Jazz II-VI.

Taught using theater, classical, and rhythm tap styles. Musicality is a major focus introducing a variety of meters as well as syncopation. Emphasis is placed on articulation of feet to master sound clarity and technique using tap terminology.

The tumbling program is intended to explore tumbling from a dancer's perspective. Intro to Tumbling & Tricks for dancers is designed for Jazz levels I-II dancers. Tumbling For Dancer is designed for Jazz levels III-VI. Tumbling classes are skill building classes and **WILL NOT be performing in the end of year production.**

****Our adult classes are open to adults ONLY this season.***

Adult Ballet (Beginner) **Wednesday 10:00 - 11:00 am**

The basics of ballet technique are taught in this class - even intermediate and advanced level dancers can benefit from the fundamental work done at this level. There are many concepts to cover when beginning the art of ballet, it is very important to understand how to properly and safely execute each move. Each week new moves will be introduced to your brain and body. Just like the intermediate level adult class, emphasis is placed on expanding body awareness through correct alignment for improved posture, strength, and flexibility.

Hasn't everyone wanted to try tap dance at some point in their life?! Starting tap as an adult is fun, rewarding, social, and mind releasing. You will be surprised how much you can learn at quite a quick rate in the art of tap dance. Tap taught at our studio uses theater, classical, and rhythm tap styles. Musicality is a major focus introducing a variety of meters as well as syncopation. Emphasis is placed on articulation of feet to master sound clarity and technique using tap terminology.

Adult Ballet (Int)	Tuesday	10:00 – 11:30 am
Adult Ballet (Beg/Int)	Tuesday	7:00 – 8:15 pm
Adult Ballet (Int/Adv)	Monday	7:00 – 8:30 pm
Adult Pointe	Tuesday	8:15 – 9:00 pm

You will be pushed to refine your technique, gain deeper insight on how to continue pushing your body safely within its limitations, and become the ballet dancer you have always dreamed of being. Emphasis is placed on expanding body awareness through correct alignment for improved posture, strength, and flexibility. While continuing to gain technical strength, muscular strength, and endurance.

Immediately Following the Tuesday Intermediate adult ballet class Miss Melissa will teach a half an hour of Contemporary combos and sequences for those interested in adding the half an our

of contemporary to their training. MUST be enrolled in the ballet class to participate (for body safety!) We will skip a traditional warm up since your body will be warm from ballet class.

Adult Jazz

Not currently offered

Explores various styles of jazz; classic, contemporary, and Broadway. Intended for the intermediate dancer. Focus on strength, stretch, basic jazz technique, musicality, and expression.

Adult Tap

Friday

6:00 - 7:00 pm

Taught using theater, classical, and rhythm tap styles. Musicality is a major focus introducing a variety of meters as well as syncopation. Emphasis is placed on articulation of feet to master sound clarity and technique using tap terminology.

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	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B
9:00 AM										
9:15 AM										
9:30 AM			9:00-9:30 Mommy and Me Miss Melissa							
9:45 AM			9:30-10:00 Creative Ballet Miss Melissa							
10:00 AM			10:00-11:00 Adult Ballet (Beg) Miss Melissa		10:00-11:30 Adult Ballet (Int) Miss Melissa					
10:15 AM										
10:30 AM										
10:45 AM										
11:00 AM										
11:15 PM										
11:30 AM										
2:30 PM										
2:45 PM										
3:00 PM										
3:15 PM	3:00-4:00 Tap III/IV Miss Melissa									
3:30 PM										
3:45 PM										
4:00 PM										
4:15 PM		4:00-4:30 Creative Ballet Miss Aubrie								
4:30 PM			3:30-5:00 Ballet VII Miss Melissa		3:00-4:30 Ballet VIII Miss Melissa					
4:45 PM				4:15-5:00 Pre Ballet Miss Aubrie						
5:00 PM		4:30-5:30 Creative Ballet/Tap Miss Aubrie								
5:15 PM										
5:30 PM			5:00-6:00 Pointe II Miss Melissa	5:00-5:45 Pre Jazz Miss Aubrie	4:30-6:00 Jazz VI Turns & Leaps Miss Aubrie	4:30-6:00 Ballet III Miss Melissa	4:45-6:15 Jazz IV/V Turns & Leaps Miss Aubrie	5:00-6:00 Tap I/II Miss Melissa		
5:45 PM										
6:00 PM	5:00-7:00 PBRT Company Miss Melissa	5:30-6:30 Jazz I Miss Aubrie								
6:15 PM				6:00-6:45 Pre Ballet Miss Aubrie						
6:30 PM										
6:45 PM										
7:00 PM		6:30-7:30 Contemporary II Miss Aubrie	6:00-7:00 Contemporary IV/V Miss Melissa	6:45-7:30 Tiny Tappers Miss Aubrie	6:00-7:30 Ballet V Miss Melissa	6:00-7:00 Intro to Tumbling for Dancers Miss Jazz/Miss Aubrie		6:00-6:45 Pre Contemporary Miss Ashlynn	6:00-7:00 Adult Tap Miss Alexis	
7:15 PM										
7:30 PM										
7:45 PM										
8:00 PM		7:30-8:30 Jazz III Miss Aubrie	7:00-8:15 Adult Ballet (Int) Miss Melissa	7:30-8:30 Jazz II Miss Aubrie		7:00-8:00 Contemporary I Miss Ashlynn		6:45-7:45 Ballet I Miss Ashlynn		
8:15 PM										
8:30 PM					7:30-8:30 Tumbling and Tricks for Dancers Miss Jazz/Miss Aubrie					
8:45 PM										
9:00 PM	8:30-9:30 Adult Contemporary Miss Melissa		8:15-9:00 Adult Pointe Miss Melissa							
9:15 PM										
9:30 PM										

COLOR KEY

Ballet

Contemporary

Jazz

Tap

Tumbling

PBRT

Dress Code

Ballet Program

Option 1/ Girls Pink Tights, Pink Ballet Technique shoes, and Ballet Leotard *color designated below*
Hair Pulled back into a tight clean bun.

NO tutus, shirts, shorts, pants, legwarmers, jewelry, etc. are to be worn.

~*Creative Ballet and Pre Ballet* may wear an *attached* skirt with their leotard.

~*Ballet levels 1-5*, when proper alignment is taught and emphasized to progress, we ask that no skirts are worn over the tights and leotard.

~*Ballet 6 and up* may wear a wrap ballet skirt.

LEOTARD/T-shirt COLORS

<i>Mommy and Me</i>	<i>Any Color</i>
<i>Creative Ballet</i>	<i>Light Pink (okay if skirt is attached)</i>
<i>Pre Ballet</i>	<i>Light Pink (okay if skirt is attached)</i>
<i>Ballet I</i>	<i>Lavender</i>
<i>Ballet II</i>	<i>Navy</i>
<i>Ballet III</i>	<i>Maroon</i>
<i>Ballet IV</i>	<i>Hunter Green</i>
<i>Ballet V - VII</i>	<i>Black</i>
<i>Ballet VIII</i>	<i>Any Color/Design</i>
<i>Pointe I - II</i>	<i>Black</i>
<i>PBRT Company Class</i>	<i>Any Color leotard and tights</i>

***Ballet VI and up dancers may wear a black ballet skirt over their ballet leotard**

Option 2/ Boys Black tights, dance belt, *T-shirt/leotard color designated above* white or black socks and black technique shoes.

Adults Recommended to wear tights and a leotard (skirts, sweaters, etc. allowed), but may wear whatever you are comfortable taking class in.

Contemporary, Jazz, Tap, Tumbling Classes

Attire: Any dancewear that is FITTED.

Example: Leotard or tight fitting tank top with dance shorts or leggings

Hair: Pulled back securely and away from the face.

Shoes:

Contemporary *Requirements for performance will be decided in January.*

Pre Contemporary: Ballet Technique shoes (Shoes will be re evaluated for performance time)

Contemporary I-III: Tan contemporary shoes

Contemporary IV+: Tan contemporary shoes

Jazz *Requirements for performance will be decided in January.*

Pre Jazz: Tan or black Jazz shoes

Jazz I-V: Tan or Black Jazz shoes. *Requirements for performance will be decided in January.*

Tap

Creative Tap and Tiny Tappers: Black Mary Jane tap shoes

Tap 1+ and Adults: Black oxford tap shoes

~Highly recommended Tap 1 and up have taps that are attached with screws that can be loosened by the instructor.

Tumbling

Prepare to work barefoot. Also bring ballet technique or contemporary shoes.



Tuition

Tuition rates are calculated for the entirety of the ten-month season (September through June) and split into 10 equal payments. Regardless of how many classes are held in each individual month - this is a set rate for the season. Please reach out to via email for tuition pricing.

Tuition rates are based on the number of hours per week a student is taking class. Each dancer's hours/week distinguish the cost of tuition. (Tuition rates chart below)

There will be a one-time registration fee for the 2025-26 Season \$35/student or \$50/Family.

Tuition may be paid in the following ways:

- Online through your Jackrabbit Portal
- Check or Cash given to the studio by the 9th of the month. (autopayment rolls on the 10th) (must include student's full name if paying with a check)

Tuition paid through the JackRabbit System is **DUE BY THE 10TH OF EACH MONTH**. If your tuition is not paid by the 10th, an automatic payment will be made with the card on file in your jackrabbit account. It is your responsibility to ensure that your card on file is up to date.

If you are paying by cash or check, tuition must be turned into the front desk **BEFORE THE 6TH OF EACH MONTH**. If your payment is not received by the 5th, an automatic payment will be made with the card on file in your jackrabbit account.

***A handling fee of \$35 will apply to all returned checks and declined debit/credit cards. There are NO refunds given for missed lessons.**

***If a payment is not received by the next billing cycle for a declined card/check, your student's enrollment may be canceled.**

***Any change in enrollment must be notified in writing to The Ballet Workshop by the 25th of the month to avoid their card on file being charged for the next billing cycle.**

Make-Up Classes/Refunds

There will be no refunds or adjustments for missed lessons, holidays, vacations, illness, etc. Students are expected to make up missed lessons. Please note if you have not notified us of your student's absence 24+ hours in advance through the Jackrabbit Portal, you will not be eligible for a makeup class. Please ask your instructor for an appropriate make-up class and time.

Performance

End of Year Production

END OF YEAR PERFORMANCE BEING CONFIRMED WITH EHS

In June The Ballet Workshop puts on an end of the year full-length production. This commitment does involve additional expense and time. We begin purchasing production costumes and props in January, which is why you will be required to turn in a performance consent form with \$100 Performance Fee by Friday January 16th, 2026. Costume fees (approximately \$70-110 per costume/per class) by January 30th, 2026. Further information regarding the show will be distributed in January 2026.

Leading up to the year end performance, all class rehearsals will be during class time until June. In June 2026 dancers will be required to attend additional rehearsals. **The below rehearsal days are MANDATORY for dancers participating in the end-of-year production**

Separate End of Year Performance for Creative, Pre, and Tiny Classes

June 19th

Creative/Pre/Tiny Dress Rehearsal at EHS

June 20th

Creative/Pre/Tiny Performance at EHS

Mandatory Rehearsals

Monday, June 22nd

Full Studio Tech Rehearsal at EHS

June 24th & 25th

Full Studio Dress Rehearsals at EHS

Mandatory Performances

June 26th

6pm Performance EHS Auditorium

June 27th

1pm and 6pm Performances at EHS

June 28th

2pm Performance EHS

Non-performing classes – Mommy and Me, Pointe Technique I, Intro to Tumbling & Tricks for dancers, and Tumbling for dancers.

*Non-performing classes will run through June 19th.

*Adult students in adult ballet and tap will have the option to perform with classes, this will be discussed in November.

*Non-performers (in performing classes) will conclude class attendance at the end of February.